



NATIONAL SERVICE SCHEME

ACTIVITY REPORT 2018-19

UNIT 17TH & 18TH

S.E.S COLLEGE SREEKANDAPURAM

Certificate

We the NSS Units of 17th and 18th units of SES College Sreekandapuram submit the NSS activity report 2018-19. Certify that the described activities are genuine and true to the best of our knowledge.

*Sri.Samson Rajan
Programme Officer Unit 17th*

*Smt. Shyna Janardhanan
Programme Officer Unit 18th*

Principal

Preface

National Service Scheme, under the Ministry of Youth Affairs & Sports Govt. of India, popularly known as NSS was launched in Gandhiji's Birth Centenary Year 1969, in 37 Universities involving 40,000 students with primary focus on the development of personality of students through community service. SES College Sreekandapuram has two NSS units.

OBJECTIVES OF NATIONAL SERVICE SCHEME

- ✓ Understand the community in which they work
- ✓ Understand themselves in relation to their community
- ✓ Identify the needs and problems of the community and involve them in problem-solving
- ✓ Develop among themselves a sense of social and civic responsibility
- ✓ Utilise their knowledge in finding practical solutions to individual and community problems
- ✓ Develop competence required for group-living and sharing of responsibilities Gain skills in mobilising community participation
- ✓ Acquire leadership qualities and democratic attitudes
- ✓ Develop capacity to meet emergencies and natural disasters and
- ✓ Practise national integration and social harmony

MOTTO

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings. The welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS UNITS OF S.E.S COLLEGE

S.E.S. College Sreekandapuram has two Units, unit No. 17th and 18th, under the control and guidance of Kannur University.

MEMBERS

Dr. Dominic Thomas

Mrs. Sheela M Joseph

Mrs. Sunitha Joseph

Mr. Samsom Rajan

Mrs. Shyna Janardhanan

Athul. C

Sooraj. T

Aleena Thomas

Anju Manoharan



WORLD ENVIRONMENT DAY

JUNE 05, 2018

NSS activities for the academic year 2018-19 Commenced on June 5 by celebrating World Environment Day. The celebration was held in order to educate the students about the importance of environment and the need to protect our eco - systems. Apart from planting new Saplings NSS Volunteers took the Initiative to preserve



saplings planted last year. The programme was Inaugurated by the Dr.Dominic Thomas, Principal, SES College. A fence was set around the saplings.



NATIONAL READING DAY

JUNE 19, 2018

NSS units of SES College organised the Best Reader Competition on 19th June, 2018 as part of National Reading Day.

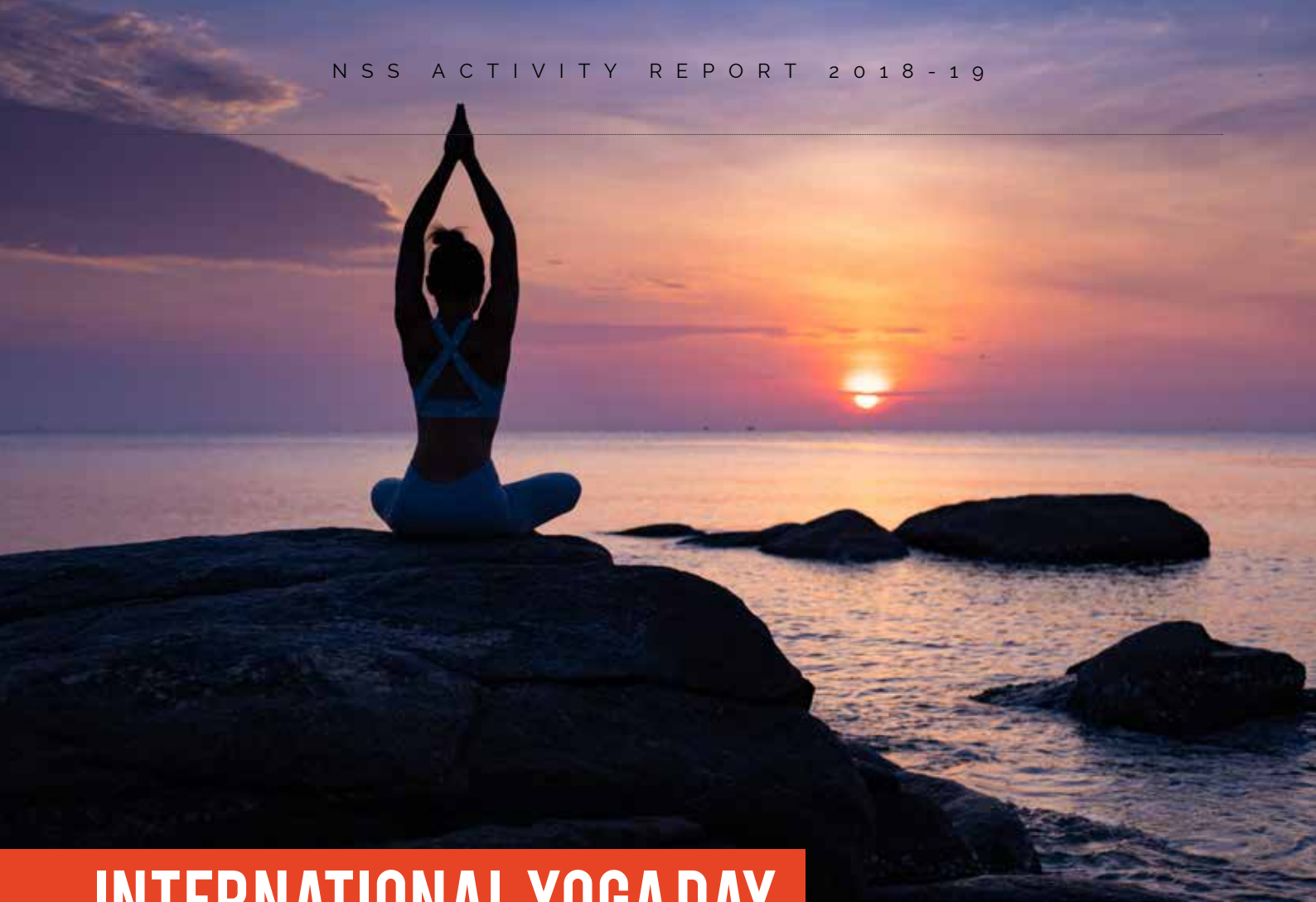


*A reader lives a
thousand lives before
he dies . . .*

*The man who never
reads lives only one*

George R.R. Martin





INTERNATIONAL YOGA DAY

JUNE 23, 2018

International Yoga Day was observed by the NSS units on 23rd June 2018. Mis Mini Joseph, the yoga instructor demonstrated the yoga session for the students.



BACK TO NATURE

JULY 12, 2018

To build a new Safer world from toxic chemicals and partially destroyed world, we will have to plant more number of trees to exist and hand over a better world for generations to come. NSS Volunteers welcomed the freshers to the Campus by distributing new saplings



TRAINING ON PAPER FLOWER AND PAPER PEN PRODUCTION

AUGUST 04, 2018

A training was given to the NSS Volunteers on Paper flower and paper pen production. Mr. Vijesh, P ASAP trainer was the resource person. It was an initial step towards, 'Green campus clean campus'.



TEACHER'S DAY CELEBRATIONS

SEPTEMBER 04, 2018

The role of teachers in everyone's life is great as they are the only visual source of knowledge for their students. The unit observed the Teacher's day. The student volunteers distributed the teacher's Day greeting cards to all the teachers in the



college, thus extending our love & respect towards them.



WOMEN EMPOWERMENT PROGRAMME

OCTOBER 02, 2018

NSS Units of SES College organised a class on 'women safety' for all the second year girls. Mr. Shinil. P was the resource person.



PUSTAKKA THOTTIL

OCTOBER 02, 2018

Sharing knowledge is the first step humanity. As a part of Gandhi Jayanthi celebration NSS Volunteers donated around 100 books to A.K.G Library, Pathinaramparambu.



SUCHITWA KERALAM

OCTOBER 02, 2018

Cleanliness must start from our home and then to the surroundings, which was clearly observed by the NSS Volunteers. As a part of this cleaning programme, Pathinaramparambu premises were cleaned by our volunteers.





SWACHATA CAMPAIGN

OCTOBER 05, 2018

Campus cleaning was organised on 5th october 2018 as part of Swachata campaign, Gandhi Jayanthi week and clean Campus Green Campus programme NSS Volunteers, students, teachers and non-teaching Staff took part in the cleaning programme.





ORIENTATION PROGRAMME

OCTOBER 06, 2018

An orientation cum training programme was organized on 6th october 2018. The resource person for the orientation programme was Mr. Kumaran. K Govt. Higher Secondary school, Sreekandapuum.



PALLIATIVE TRAINING CAMP

OCTOBER 06, 2018

One day palliative training camp was organised to the NSS Volunteers by Samaritan Pain and Palliative Care unit at Samaritan Home, Chengalayi. The class was handled by K.T Jose, Kannur Palliative Trainer.



FLASHMOB

OCTOBER 08, 2018

Drug abuse poses a serious threat to societal harmony. To generate an anti-drug consciousness among the young generation, a flash mob was conducted by the NSS Volunteers in collaboration with the Excise Dept. Sreekandapuram.



OLD AGE HOME VISIT

DECEMBER 08, 2018

NSS Volunteers organised a visit to Theresa Bhavan, an Old Age Home at Vembua. They offered a helping hand to the senior citizens. NSS Volunteers washed their clothes and cleaned rooms premises of the building. Volunteers hosted cultural programs and distributed cake and sweet.





WE ARE READY (WAR) FORM

JANUARY 08, 2019

NSS Volunteers of SES College registered to WAR group. The forms were handed over to Mr. Raghu k Sub inspector of police Sreekanadapuram by Dr. Dominic Thomas, College Principal.



PALLIATIVE CARE DAY CELEBRATION

JANUARY 15, 2019

SES College actively Participated in the Palliative Care Day Celebration held on 15th. January 2019. The Programme was organised by Samaritan old Age Home and Palliative Care Centre.



ANTINARCOTIC AWARENESS PROGRAMME

FEBRUARY 05, 2019

Drug abuse poses a Serious threat to societal harmony. To generate an anti-drug consciousness among the young generation, an Anti-Narcotics awareness program was organised by the NSS Units in collaboration with the Anti-Narcotics club. An awareness class and exhibition was organised.



SAHYOLSAVAM 2K19

FEBRUARY 05, 2019

Some of the NSS Volunteers participated in a Publicity campaign of sahyolsavam 2k19 organised by kudumbasree Jilla Mission. A stall of LED Bulb was set as part of Sahyolsavam 2k19.



LEDBULB PRODUCTION TRAINING

FEBRUARY 02, 2019

NSS Units of SES College gave an opportunity for the students to experience the world of work. As a part of it, LED Bulb production training were given to the volunteers by Mr. Damodaran.



SKILL AND FOOD EXPO

MARCH 01, 2019

An exhibition of the paper Craft works done by the NSS Volunteers and a food fest was arranged in Our College. The amount collected by selling the products and food were used for charity.



TRACE (RELEASE OF GK QUESTION BANK)

MARCH 01, 2019

Volunteers of SES College prepared a question bank as an initial step for training the Students for Competitive examination. The book bank was released by Mrs. Sheela. M Joseph, H.O D Physics Dept.



CLASS ON FIRST AID

MARCH 01, 2019

NSS Units of SES College organised a training session on first aid. Dr. Arun Arushi was the resource person of the session. It was really helpful for the volunteers.



WAR JACKET DISTRIBUTION CEREMONY

MARCH 02, 2019

WAR (We Are Ready) Jacket distribution ceremony was held at Sreekandapuram on second March, 2019. Some of the NSS Volunteers participated in the distribution Ceremony.



SPECIAL CAMP AT A GLANCE

Special Camp Programme is an integral part of NSS activities. It provides opportunities to our youth for group living, sharing of experience with each other and constant interaction with community.



Holding this thought firmly a 7 day special camp was organised by the NSS unit of SES college sreekandapuram at GHSS Munderi





SES COLLEGE SREEKANDAPURAM